


Speakers	SPICE workshops	Dateline Platinum surgery	interactive Zone	Heart Zone	free legal surgery Mayo Wynne Baxter	free legal surgery Bennett Griffin	free financial surgery Barry Browning
	10.00 - 10.20 Mini Workshop on Manifestation with Jane Orr	10.00 - 10.30 Boo Hoo to Relationships! Presented by Eddy Ankrett Chairman of Dateline and Relationship Expert		LET GO AND MOVE ON: Rhythm of Life will guide you through a simple, relaxing, empowering meditation that focuses on a very important person – you!	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/mayo-wynne-baxter-free-legal-surgery-london-brighton-sos/	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/bennett-griffin-free-legal-surgery-brighton-sos/	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/financial-surgery-2/
11.00 - 11.30 Debbie Catt - 'No More If Onlys' http://www.nomoreifonlys.com	11.00 - 11.20 Rhythm of Life: Secret of starting over successfully			10 min sessions throughout the day			
		11.30 Francine Kaye One to One	11.20 Letting Go Ceremony - Following on from their short workshop in the SPICE London Zone at SOS Brighton, Rhythm of Life interfaith ministers (as seen on GMTV!) will provide and example of a 'letting go ceremony'.	10 min sessions throughout the day			
11.45 - 12.15 Gina Hardy: Conscious Union							

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	12.00 - 13.00 Executive Relationship Coaching: 'Feel the Fear and Do It Anyway®'	12.00 - 12.30 Dating? Friendship? Companionship? Presented by Eddy Ankrett Chairman of Dateline		LET GO AND MOVE ON: Rhythm of Life will guide you through a simple, relaxing, empowering meditation that focuses on a very important person – you!	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/mayo-wynne-baxter-free-legal-surgery-london-brighton-sos/	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/bennett-griffin-free-legal-surgery-brighton-sos/	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/financial-surgery-2/
12.30 - 13.00 Julia Armstrong: Coach, therapist and author		12.30 Francine Kaye One to One					
		13.00 Francine Kaye One to One		10 min sessions throughout the day			
13.15 - 13.45 John Stebbing: Stephen Rimmer LLP and JAS Mediation Services Family law and mediation	13.30 - 13.50 Jane Orr Mini Workshop on Manifestation			Destress and relaxation Yoga techniques with Emma Gatsby – complete beginners welcome!			
14.00 - 15.00 SHARE YOUR STORY with Suzy Miller, creator of Starting Over Show - in 5 minutes!	14.00 to 15.00 Francine Kaye “ExCommunication” 	14.00 - 14.30 Boo Hoo to Relationships! Presented by Eddy Ankrett Chairman of Dateline and Relationship Expert		10 min sessions throughout the day			

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			14.30 Letting Go Ceremony - Rhythm of Life interfaith ministers will provide and example of a 'letting go ceremony'.	LET GO AND MOVE ON: Rhythm of Life will guide you through a simple, relaxing, empowering meditation that focuses on a very important person – you!	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/mayo-wynne-baxter-free-legal-surgery-london-brighton-sos/	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/bennett-griffin-free-legal-surgery-brighton-sos/	Book in reception area or pre-book here: http://www.startingovershow.co.uk/index.php/financial-surgery-2/
			14.45 StartingOver Balloon Ceremony	10 min sessions throughout the day	Destress and relaxation Yoga techniques with Emma Gatsby – complete beginners welcome!		
15.15 - 15.45 Julie Jones: Changes Forever Healing relationships, providing growth & nourishment of the human soul and spirit	15.30 to 16.30 Executive Relationship Coaching: ‘Connect to your potential in love and relationships’						
		16.00 - 16.30 Dating? Friendship? Companionship? Presented by Eddy Ankrett Chairman of Dateline	16.00 StartingOver Balloon Ceremony	10 min sessions throughout the day			
Full Speakers listings: http://www.startingovershow.co.uk/index.php/speakers-at-sos/	Full SPICE workshop listings: http://www.startingovershow.co.uk/index.php/spice-london-workshops/	Full Dateline Platinum Surgery listings: http://www.startingovershow.co.uk/index.php/dating-after-divorce/					